

Sanskrit for PE 134

Asana	pose
Tada	mountain
Utthita	upward/ stretched
Hasta	hands
Pada	feet
Supta	lying /reclining
Trikon	triangle
Parsva	side
Kona	angle
vrksa	tree
Ardha	half
Chandra	moon
Virabhadra	warrior
Marichi	sage
Vira	hero
Adho	down
Mukha	face
Svana	dog
Go	cow
Danda	staff

